

Respite Breaks*

	Name	Location	Price	About	Facilities	URL
England and Wales	Respite Association	Penzance, Cornwall Towyn (near Abergele)	£50 refundable deposit	Two sites available for carers and their families, but not for the person being cared for. Applicants must have been providing care for one year or more, and in receipt of benefits or with limited income (and unable to afford a break otherwise). Breaks are for one week.	For the site in Penzance: heated pool, sauna, tennis courts. Access by car is recommended. For the caravan in Towyn: entertainment complex, adventure playground, nearby swimming pool.	https://respiteassociation.org/
England	After Umbrage	Near Bath, Somerset	Free	Four-night stay for carers and up to three other people. Application form needs to be approved by supporting charity or GP.	Small self-catering cottage. Near to Bath and the countryside.	https://afterumbrage.org.uk/

*None of these venues are endorsed by SOFT UK.